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STATE HEALTH PLANNING AND  
DEVELOPMENT AGENCY



TOUCH OF CARE  
HOME HEALTH

February 18, 2025

To Whom it May Concern:

Pursuant to Alabama Administrative Code 410-2-4-07, we are filing this letter of non-reviewability with respect to Touch of Care Home Health to provide service in patient's home. The services we will provide are homemaker, companion, personal care unskilled respite and skilled respite.

Specific fact related to our filing;

1. Touch of Care Home Health, LLC is the name of our organization.
2. This letter is being filed by :  
Audrey Goldsmith  
Owner of Touch of Care Home Health
3. The service is for the proposed project in Jefferson County. The office address is located at 1329 Forestdale Blvd ste. 201 B'ham, AL 35214.
4. Touch of Care Home Health is a Home Health company that will provide services in patients' homes. As an important source of assistance to the client and family. Touch of Care Home Health Agency is sensitive to the patient's needs and desires. We are "in touch" with your emotional and medical requirements and we stop at nothing to assist in any way. We approach each client with the care and concern that they expect.

## **Services that are Provide:**

### **SKILLED CARE PROGRAM**

Not everyone needs the same type of care. Some require more, some less. But when skilled nursing care is indicated, Touch of Care Home Health Agency is there to offer assistance.

Our Registered Nurses and Licensed Practical Nurses are experienced professionals. They assist the client with all their physical and emotional needs and our RN's and the Director of Nursing continually supervise both the client and staff to ensure the best possible care is provided to our client.

## **Registered Nurse (RN) Skilled Procedures:**

RNs have a broader scope of practice and more autonomy in clinical decision-making. Their skilled procedures include:

- **Comprehensive patient assessments** (including physical, mental, and emotional status)
- **IV therapy & medication administration** (including IV push medications)
- **Central line care & maintenance** (including PICC line management)
- **Blood transfusions**
- **Advanced wound care & dressing changes**
- **Tracheostomy care & suctioning**
- **Insertion and management of nasogastric (NG) tubes**
- **Peritoneal dialysis & hemodialysis management**
- **Chest tube care**
- **Complex medication management & titration**
- **Patient education & care plan development**
- **Delegation and supervision of LPNs and unlicensed personnel**

## **Licensed Practical Nurse (LPN) Skilled Procedures:**

LPNs work under the supervision of an RN or physician and provide direct patient care. Their skilled procedures include:

- **Basic patient assessments** (focused rather than comprehensive)
- **Medication administration** (including oral, intramuscular, and subcutaneous injections; IV therapy may be allowed in some states with certification)
- **Wound care & dressing changes**
- **Tracheostomy care & suctioning** (in some settings)
- **Insertion & care of urinary catheters**
- **Tube feeding administration** (via NG tube or PEG tube)
- **Oxygen therapy administration**
- **Colostomy & ostomy care**
- **Vital sign monitoring & documentation**
- **Assisting with ADLs** (activities of daily living)
- **Reporting changes in patient condition to RNs or physicians**

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## **PERSONAL CARE SERVICE**

Working under the supervision of RN's and LPN's our qualified and experienced Home Health Aides provide "hands-on" assistance .

- Assists with normal activities of daily living such as

- dressings, grooming, personal hygiene, skin care and
- eating.
- Bathing - tub, shower, bed.
- Special skin care as directed.
- Active and passive exercises. ( Provided by RN, LPN,& NA Only )
- Assist with ambulation and transfers.
- Meal preparation.
- Light housekeeping and shopping.

PERSONAL CARE SERVICE ... THOSE EXTRA, SKILLED PAIR OF HANDS SO VITAL TO THE ACTIVITIES OF DAILY LIVING.

### **HOMEMAKER PROGRAM**

Simple custodial care is available through Advance Care Home Health Agency. Our Homemakers will provide the housekeeping, cooking, shopping and laundry services that will make your day a little

easier. Built into the program is just the flexibility that you need.

- Assist the client toward independent living.
- Prepares and serves meals
- Assist with household management
- Shops for groceries
- Accompany client to appointments
- Vacuum/sweep/mop
- Clean Oven/stove
- Wash/mend/iron
- Dust
- Make Bed
- Wash Dishes
- Sanitize Bathroom
- Tidy Living Area

### **Companion**

- Assist/Supervise
- Meal Plan/Prepare
- Laundry
- Grocery Shopping
- Essential HM Chores
- Companion Cont.
- Patient Bath
- Grooming/Hygiene
- Reminded to take Meds
- Go to medical Visit

**Unskilled Respite**

- Personal Care
- Homemaker
- Supervise/Support

**RESPITE CARE PROGRAM**

Respite care provided by skilled Advance Care Home Health personnel affords the family an opportunity to receive a much-needed break. Respite care is available for a few hours, days, or longer. Respite care will help maintain a normal lifestyle by:

- Providing rest or personal time.
- Enabling a family member to spend more meaningful time with the client.
- Enabling the family to take a much-needed rest or vacation.
- Allows family members time to focus on important matters.

5.The cost associated to construct and operate the project are as follows:

- Cost of Business office \$866.00 (Monthly)
- Office supplies- \$500.00 Monthly (varies)
- Payroll for employees- \$ 3742.36 (Monthly)
- Worker Comp-\$1500.00 (yearly)
- General Insurance-\$1596.00 (yearly)

There is no expected equipment costs associated with this project.

There is no expected Construction and Capital Expenditures with this project.

Annual Operating Cost \$109,304.64

Touch of Care Home Health  
1329 Forestdale Blvd suite 201  
B'ham, Al 35214 (205)-610-7919

6. There are no financial interests in the project from healthcare facilities or group in the state.

Touch of Care Home Health  
1329 Forestdale Blvd ste.201  
B'ham,AL 35214  
205-610-7919



Affirmation of Requesting Party:

The undersigned, being first duly sworn, hereby make oath or affirm that he/she is the Administrator and CEO of Touch of Care Home Health, has knowledge of the facts in this request, and to the best of his/her/their information, knowledge and belief, such facts are true and correct.

Affiant Audrey Goldsmith (SEAL)

SUBSCRIBED AND SWORN to before me this 19th day of February  
Notary Public Alison Taylor  
My commission expires August 13, 2028



Respectfully,

Audrey Goldsmith, RN

Audrey Goldsmith, RN

CEO/ Administrator

Touch of Care Home Health