

STATE HEALTH PLANNING AND DEVELOPMENT AGENCY

100 NORTH UNION STREET, SUITE 870 MONTGOMERY, ALABAMA 36104 August 31, 2015

Honorable Robert Bentley, Governor State of Alabama State Capitol Montgomery, Alabama 36130 AUG 2015

Received
Governor's Office

Dear Governor Bentley:

At the August 28, 2015 meeting of the Statewide Health Coordinating Council (SHCC), the SHCC adopted the attached adjustment to Section 410-2-4-.08(5) of the 2014-2017 Alabama State Health Plan. This proposed adjustment allows for the addition of twenty-three (23) inpatient rehabilitation beds in Chambers County.

This rule was processed in accordance with the *Alabama State Health Plan* and the Alabama Administrative Procedure Act. Rule 410-2-5-.04(4)(d) of the *State Health Plan* provides that a plan adjustment shall be deemed disapproved by the Governor if not acted upon within fifteen (15) days. Upon your approval, the adjustment will be added to Section 410-2-4-.08(5) of the *2014-2017 Alabama State Health Plan*. An additional adjustment to Section 410-2-4-.08(5) for Russell County was also approved by the SHCC at the August 28, 2015 meeting, and is being forwarded for your approval under separate cover.

You have the approval/disapproval authority for the *Alabama State Health Plan* and all amendments/adjustments thereto. I recommend your approval.

Sincerely,

Alva M. Lambert

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Call me at 242-4103 if you have questions about this proposed adjustment.

Attachment: as stated

APPROVED:

Gov. Robert Bentle:

Gov. Robert Bentley

Date Augus t 31st 2015

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410-2-4-.08 Inpatient Physical Rehabilitation

- (1) Definition. Inpatient physical rehabilitation services are those designed to be provided on an integrated basis by a multidisciplinary rehabilitation team to restore the disabled individual to the highest physical usefulness of which he is capable. These services may be provided in a distinct part unit of a hospital, as defined in the Medicare and Medicaid Guidelines, or in a free-standing rehabilitation hospital.
- (2) General. Rehabilitation can be viewed as the third phase of the medical care continuum, with the first being the prevention of illness, the second, the actual treatment of disease, and the third, rehabilitation or a constructive system of treatment designed to enable individuals to attain their highest degree of functioning. In many cases, all three phases can occur simultaneously. For the purposes of this section of the State Health Plan, only the need and inventory of inpatient rehabilitation facilities will be addressed.
- (3) Need Determination. The Statewide Health Coordinating Council (SHCC) has determined that there is a need for 12 rehabilitation beds per 100,000 population for each region (see Table I).
 - (4) Planning Policies
 - (a) Planning Policy

Regional occupancy for the most recent reporting year should be at least 75% before the SHCC gives consideration to any requests for plan adjustments for additional bed capacity.

(b) Planning Policy

Conversion of existing hospital beds to rehabilitation beds should be given priority consideration over new construction when the conversion is significantly less costly and the existing structure can meet licensure and certification requirements.

(5) Accessibility-Distribution. Inpatient Rehabilitation services appear to be well distributed in the most populous regions of Alabama, with the exception of Region V, the largest of the seven planning regions. The SHCC, though the adjustment process in August of 2005, recognized the need for 5 additional rehabilitation beds to be located in Houston County. Future consideration should be given to locating a unit in Dallas County to serve the western counties of Region V. Notwithstanding anything to the contrary, the SHCC, through the adjustment process in August of 2015, has recognized the need for twenty-three (23) inpatient physical rehabilitation beds in Chambers County, which currently has no inpatient rehabilitation beds, to be located in an acute care health care facility in Chambers County, Alabama.

Author: Statewide Health Coordinating Council (SHCC).

Statutory Authority: § 22-21-260(4), Code of Alabama, 1975.

History: Effective November 22, 2004: Amended: August 30, 2005; Filed June 30, 2006;

Effective: August 4, 2006.