



STATE HEALTH PLANNING AND DEVELOPMENT AGENCY

100 NORTH UNION STREET, SUITE 870

MONTGOMERY, ALABAMA 36104

September 13, 2011

Honorable Robert Bentley, Governor
State of Alabama
State Capitol
Montgomery, Alabama 36130

Dear Governor Bentley:

At the September 9, 2011 meeting of the Statewide Health Coordinating Council (SHCC), the SHCC adopted the attached adjustment. This proposed adjustment allows for an additional seventeen (17) rehabilitation beds to be located in Shelby County. The adjustment, upon your approval. will be added to § 410-2-4-.08 of the 2004-2007 Alabama State Health Plan.

You have the approval/disapproval authority for the Alabama State Health Plan and all amendments/adjustments thereto. Consistent with the vote of the SHCC, I recommend your approval.

Call me at 242-4103 if you have questions about this proposed adjustment.

Sincerely,

Alva M. Lambert (handwritten signature)

Alva M. Lambert
Executive Director

Attachment: as stated

APPROVED: Gov. Robert Bentley (handwritten signature)

Date Sept 15, 2011 (handwritten)

DISAPPROVED: Gov. Robert Bentley

Date

410-2-4-.08 Inpatient Physical Rehabilitation

(1) **Definition.** Inpatient physical rehabilitation services are those designed to be provided on an integrated basis by a multidisciplinary rehabilitation team to restore the disabled individual to the highest physical usefulness of which he is capable. These services may be provided in a distinct part unit of a hospital, as defined in the Medicare and Medicaid Guidelines, or in a free-standing rehabilitation hospital.

(2) **General.** Rehabilitation can be viewed as the third phase of the medical care continuum, with the first being the prevention of illness, the second, the actual treatment of disease, and the third, rehabilitation or a constructive system of treatment designed to enable individuals to attain their highest degree of functioning. In many cases, all three phases can occur simultaneously. For the purposes of this section of the State Health Plan, only the need and inventory of inpatient rehabilitation facilities will be addressed.

(3) **Need Determination.** The Statewide Health Coordinating Council (SHCC) has determined that there is a need for 12 rehabilitation beds per 100,000 population for each region (see Table I).

(4) Planning Policies

(a) Planning Policy

Regional occupancy for the most recent reporting year should be at least 75% before the SHCC gives consideration to any requests for plan adjustments for additional bed capacity.

(b) Planning Policy

Conversion of existing hospital beds to rehabilitation beds should be given priority consideration over new construction when the conversion is significantly less costly and the existing structure can meet licensure and certification requirements.

(5) **Accessibility-Distribution.** Inpatient Rehabilitation services appear to be well distributed in the most populous regions of Alabama, with the exception of Region V, the largest of the seven planning regions. Future consideration should be given to locating a unit in Dallas County to serve the western counties of Region V. Notwithstanding anything to the contrary, recognizing the need for an inpatient rehabilitation hospital in Shelby County, the SHCC, through the adjustment process in September of 2011, adjusted the planning policy to recognize the need for 17 additional rehabilitation beds to be located in Shelby County.

Author: Statewide Health Coordinating Council (SHCC).

Statutory Authority: § 22-21-260(4), Code of Alabama, 1975.

History: Effective: